



2021 Mason County Indoor Track Meets
Mason County Indoor Athletic Complex
721 Clarks Run Rd
Maysville, Kentucky 41056
Host: Mason County High School

Meet Schedule

February 13 High School Only
February 20 High School Only
February 27 High School Only

Entry Deadline

February 3
February 10
February 17

Should a date be lost to weather or virus related issues it will not be made up. The host school reserves the right to cancel any meet. Pre-paid entry fees would be refunded. If you fail to show up and the meet is still conducted, no entry fees will be refunded.

COVID 19 PROCEDURES

NO SPECTATORS

NO CONCESSIONS

Everyone will be temperature checked upon entering the building. All masking and social distancing protocols will be in place. Masks are required up to the start of any race then removed while running and replaced. Open lanes between competitors will be provided in laned events. Masks shall be worn in all field events. Schools will have designated team areas for athletes when not competing.

All meets will be 6 team maximum (We could have a combo of 1 boys team from one school and 1 girls team from another school = 1 school slot)

All competitors will wear bib numbers

4 coaches per team – no exceptions

4 x 800 relay 6 teams – 1 heat per gender - 2 total heats
55h 12 athletes per gender – 3 heats of 4 athletes 6 total heats
55m 24 athletes per gender – 6 heats of 4 athletes 12 total heats
1600m 12 athletes per gender – 2 heats of 6 athletes 4 total heats
400m 24 athletes per gender – 6 heats of 4 athletes 12 total heats
800m 12 athletes per gender – 2 heats of 6 athletes 4 total heats
3000m 12 athletes per gender – 1 heat of 12 athletes 2 total heats
4 x 400 relay 6 teams – 2 heats of 4 teams per gender - 4 total heats

All heats are timed finals

Long Jump	12 athletes per gender
Triple Jump	12 athletes per gender
High Jump	12 athletes per gender
Pole Vault	12 athletes per gender
Shot Put	18 athletes per gender (Competitors should bring their own indoor shot put)

Games Committee can alter the number of competitors and heats to meet the level of entries after entries have closed

Entry Process

Each Team will have a maximum of 2 entries per gender per event except 55m dash and 400m which will allow 4. One relay team per gender per school. Shot put shall have a 3 athlete per gender per school maximum. Maximum of four events per athlete including relays.

All running events will be seeded prior to the meet based on entered times. Athletes can be subbed with subbed athlete assuming the original athletes seed time. All races will be FAT. Hytek & Finish Lynx by Frank Miklavcic as in years past.

All entries are due 10 days prior to the meet thru Milesplit. Any event spots unfilled can be filled by the host school or the spot will be opened up to other participating teams first. If not filled these spots will be offered to other schools at a per athlete/relay cost.

Due to KHSAA regulations, anyone competing in the high school division as a member of their school team must be accompanied by the school coach or authorized school designated representative.

Further information concerning entries, procedures-contact Frank Miklavcic 502-875-2904 Fmiklavcic@aol.com

Fees

Cost is \$125 per gender per school. All entry fees must be mailed and received prior to the meet. No money will be handled the day of the meet. If we have open spots in events after all openings have been offered to participating schools, other athletes from additional schools could participate at a cost of \$10 per athlete or \$40 per relay team. The pre-established maximum number of entries per event will NOT be exceeded.

MAKE CHECKS PAYABLE TO MASON COUNTY HIGH SCHOOL

Mail All Checks to:
Mason Co High School
% Mark Kachler
179 Edgemont Road
Maysville, KY 41056

Meet Procedures:

Prior to the meet, the head coach will provide the meet director with the names of the 4 coaches that will be allowed entry to the meet. Upon arrival at the facility, all coaches and athletes will enter the facility thru the main front entrance of the school (this is a different entrance than in years past – a parking and entry map will be provided). The head coach will pick up the team packet which has the athlete numbers and heat sheets. There will be a check in table where all coaches and athletes will be temperature checked. Only athletes with bib numbers will be allowed entry into the facility. Only coaches on the pass list will be provided entry. There will be a designated area for each team's gear to be placed. These areas will be socially distanced apart. There will be a designated seating area for each team that faces the track. Teams are restricted to these two areas when not competing. Only athletes currently competing in an event are permitted in the event area. Masks and social distancing are mandatory for athletes when not competing in an event. Team coaches are responsible for enforcement of these rules. Failure to comply could result in a team being asked to leave the facility.

Athletes will be called to the staging area prior to the start of an event. In running events athletes should know their heat prior to reporting to the event.

Only top 2 individuals score and only 1 relay team per school scores. Scoring 10-8-6-4-2-1

Live Results ky.milesplit.com

No awards will be provided.

Facility

Surface is 1 inch polyurethane rubberized. 3/16 Pyramid spike length is strictly enforced.

The track has four 42" lanes on the oval. The oval is 133.33 meters. 1.5 laps for 200 meters, 3 laps per 400, 6 laps per 800, 12 laps per 1600, 22.5 laps per 3000. 55 straight will have eight lanes. Lanes will be numbered from outside in. Lane 1 being on the outer edge of the track. Lane 8 will be next to the long jump runway. Lane 4 will be the inside lane of the oval. 4x400 and 4x800 relays will have the exact same exchange zones at the starting line.

400 will be two turn stagger and break in after hitting the straightaway. 800, 1600, and 3000 will have waterfall start with an extra alley arch starting line through lanes 1 & 2 on the outside.

Long jump/triple jump boards(painted) at 3', 8', 20', 32'

Oval races will finish in to the finish chute stretch cross country style. The radius of the turn will be 37.8 feet for the inside lane.

FACILITY ADDRESS: 721 Clarks Run Road, Maysville, KY 41056.

MEET DIRECTOR: Mark Kachler – mark.kachler@gmail.com, 606 301 3386

Mason County 2021 Indoor Meets Time Schedule

“Amended 2/14/2021”

8:00 AM Doors open – Coaches and competitors only
Coaches Meeting will be handled via email
There will be no open track for full team warmups prior to the meet

RUNNING VENT SCHEDULE

9:45 AM 4x8 Teams can use the track for warmups
10:00 AM 4 x 800 meter relay Girls then boys
10:45 AM 55m hurdle – girls then boys
11:00 AM 55 m dash – girls then boys
11:25 AM 1600m – girls then boys
12:00 NOON 400m – girls then boys
12:20 PM 800m – girls then boys
12:45 PM 3000m – girls then boys
1:15 PM 4x400m relay – girls then boys

FIELD EVENTS SCHEDULE

8:30 AM Pole Vault/HJ/TJ Warmups begin
9:00 AM B/G Triple Jump – open pit 45 minutes
Boys HJ/Girls follow Boys
Boys and Girls PV Combined
9:45 AM Girls Long Jump Warmups begin
10:00 AM Girls Long Jump – open pit 45 minutes
10:30 AM Girls shot put warm ups begin
10:45 AM Boys Long Jump Warmups begin
11:00 AM Boys Long Jump – open pit 45 minutes
Girls shot put
11:30 AM Boys shot put warm ups begin
12:00 NOON Boys Shot put

WE WILL ADHERE TO THE TIME SCHEDULE TO ALLOW ATHLETES TO ONLY ARRIVE WHEN NEEDED FOR THEIR EVENT. WHEN AN ATHLETE FINISHES THEIR FINAL EVENT, WE ASK THAT THEY LEAVE THE FACILITY IF POSSIBLE.

IF THE WEATHER PERMITS, ATHLETES CAN WARM UP OUTSIDE

**THE 3/16 INCH PYRAMID SPIKE RESTRICTION WILL BE STRICTLY ENFORCED
ALL ATHLETES MUST HAVE SPIKES CHECKED AT THE SPIKE CHECK STATION
WE WILL HAVE SPIKES AVAILABLE FOR SALE AT THE MEET (15 SPIKES - \$4)**