



2024 Mason County Indoor Track Meets

Mason County Indoor Athletic Complex

721 Clarks Run Rd

Maysville, Kentucky 41056

Host: Mason County High School

Meet Schedule

January 27	High School & Middle School & USATF Masters & Open
February 3	High School & Middle School & USATF Masters & Open
February 10	High School & Middle School & USATF Masters & Open
February 24	High School & Middle School & USATF Masters & Open

Entry Deadline

January 24
January 31
February 7
February 21

THE 1/4 INCH PYRAMID SPIKE RESTRICTION WILL BE STRICTLY ENFORCED. SPIKES WILL BE AVAILABLE FOR PURCHASE AT THE MEET IN THE CONCESSION STAND.

Start Times

All meets start at 8:00 AM with Pole Vault for High School & Masters Male and Female combined.

Running and other field events begin at 10:00 AM.

Events:

8:00 AM - Pole Vault-We will contest the pole vault as a separate event. KHSAA rules apply for pole vault. A school coach/representative must be present during the competition. Otherwise for insurance purposes, athletes must have a 2024 USATF membership and compete in the Open/Masters division. The maximum vault height is 12' 0". **DUE TO THE INCREASING NUMBER OF POLE VAULTERS, WE RESERVE THE RIGHT TO CAP THE TOTAL NUMBER OF POLE VAULTERS AT 30. PLEASE GET YOUR ATHLETES ENTERED EARLY.**

10:00 AM -Rolling Schedule: Middle School girls & boys, and masters 4x800 relay, high school girls/boys 4x800 relay, middle school girls & boys 55 Hurdles, high school girls & boys 55 hurdles, masters hurdles. 55 Meter Dash(ms & masters girls, hs girls, ms & masters boys, hs boys), 1600 Meters(ms & master combined, girls & boys ms may be combined depending on numbers, hs girls, hs boys), 400 Meters(ms & masters girls, hs girls, ms & masters boys, hs boys), 800 Meters(ms & master girls & boys combined, hs girls, hs boys), 3000 (High School Only), 4x400 Relay (ms girls & boys combined, hs girls, hs boys), 200 (Open/Masters Only)
Finish Lynx Timing will be used.

10:00 AM- Shot Put (middle school girls & boys & masters combined, then high school girls, then high school boys) 3 throws

10:00 AM- High Jump high school girls, followed by high school boys followed by middle school boys, girls, & masters combined)

10:00 AM-Triple Jump Open pit girls, boys, masters, open 45 minutes followed by Long Jump (open pit for two hours) 3 jumps

High school & Middle School Unlimited entries, only top 2 individuals score and only 1 relay team per school scores. Scoring 10-8-6-4-2-1

High School & Middle School-- Maximum of four events per athlete.

Note an additional event will be the pentathlon. (55 hurdles, high jump, long jump, shot put, 800) This event will not be run separately. Athletes must compete in each of the five events during the regular competition. Performances in the regular events will be rolled into the pentathlon scoring table. Email fmiklavcic2@gmail.com the names of those competing in the pentathlon before each meet.

Fees

High School

Entry fees -\$110 per team (girls and boys are separate teams) \$20 per individual (Must be a member of a school team with high school coach/school rep present at the meet. Four event maximum). **\$25 late fee per team. Any entry fee not submitted by the morning of the meet is considered late. No exceptions.**

Middle School

Entry fees \$90 per team (girls and boys are separate teams) \$20 per individual, four event maximum. **\$25 late fee per team. Any entry fee not submitted by the morning of the meet is considered late. No exceptions.**

Master & Open

Entry fee \$20 per athlete, unlimited events. **Late entry-meet day \$25 per athlete**

MAKE CHECKS PAYABLE TO MASON COUNTY HIGH SCHOOL

Mail All Checks to:

Mason Co High School

% Mark Kachler

179 Edgemont Road

Maysville, KY 41056

CHECKS MAY BE BROUGHT TO THE MEET AND WILL NOT BE CONSIDERED LATE

Entry Process

High School and Middle School will enter online at www.kymilesplit.com

Enter athletes in the events you think they will compete in. You may change and add other events at the line on meet day. Make sure all the athletes who will be competing are entered in at least one event. **Please try to get all your field event athletes entered into their events. This is a big help to the people running the event and to your athletes when they check in.**

Competitor numbers for the right hand will be emailed by Friday prior to the event date. Masters and Open athletes will enter using the mail-in form below. USATF Masters & Open will wear bib numbers during the meet.

Performances at these meets will serve as a qualifier for the KHSAA Indoor State High School Championships. Due to KHSAA regulations, anyone competing in the high school division as a member of their school team must be accompanied by the school coach or authorized school designated representative.

These meets also serve as a qualifier for the Ohio Association of Track & Cross County Coaches indoor high school championships. Only those competing in the high school division under their school name with their school coach/representative present will have their results forwarded to the OATCCC entry chairman.

Unattached or club athletes can compete but must be a member of USATF. See registration requirements below.

Note: Due to possible size limitations of the facility, we reserve the right to cutoff entries depending on the number of athletes entered. Insure your participation by getting entries made online early.

USATF Entries:

2024 USA TRACK AND FIELD MEMBERSHIP REQUIRED for OPEN/MASTERS. Place Membership number on entry form which is attached at the end of this information sheet. USATF applicants can join directly online after January 1, 2024 at:

<https://www.usatf.org/home/top-utility-nav-content/membership>

Kentucky USA Track & Field Membership \$30 for Youth, Age 18 and Under. \$55 for Adults, Age 19 and Older.

The KTCCCA is hosting the 2024 USATF Indoor National Championships at Norton Indoor in Louisville in March and the 2024 USATF Junior Olympic National Cross Country Championships at E.P. "Tom" Sawyer State Park in December. A 2024 USATF membership is good for both of these events as well as the Kentucky USATF Association Track & Field Meet in June at Centre College.

Further information concerning entries, procedures-contact Frank Miklavcic 502-875-2904
fmiklavcic2@gmail.com Information & Results www.kytrackxc.com

Facility

Surface is ¾ inch polyurethane rubberized. 1/4" Pyramid spike length is strictly enforced.

The track has four 42" lanes on the oval. The oval is 133.33 meters. 1.5 laps for 200 meters, 3 laps per 400, 6 laps per 800, 12 laps per 1600, 22.5 laps per 3000. 55 straight will have eight lanes. Lanes will be numbered from outside in. Lane 1 being on the outer edge of the track. Lane 8 will be next to the long jump runway. Lane 4 will be the inside lane of the oval. 4x400 and 4x800 relays will have the exact same exchange zones at the starting line. 400 will be two turn stagger and break in after hitting the straightaway. 800, 1600, and 3000 will have waterfall start with and an extra alley arch starting line through lanes 1 & 2 on the outside. Long jump/triple jump boards(painted) at 3', 8', 20', 32'. The maximum vault height is 12'0" due to ceiling restrictions. Oval races will finish in to the finish chute stretch cross country style. The radius of the turn will be 37.8 feet for the inside lane. There is permanent bleacher seating. Concessions are available.

General Admission charge will be \$8 per person not competing.

FACILITY ADDRESS: 721 Clarks Run Road, Maysville, KY 41056.

HOTELS IN THE AREA

Quality Inn
1428 A U.S. Hwy 68
Maysville, KY 41056
606-759-5696 or 800-528-1234

French Quarter Inn
25 East McDonald Parkway
Maysville, KY 41056
606-564-8000 or 800-966-9892
www.FrenchQuarterInn.com

Hampton Inn
503 Market Place Drive
Maysville, KY 41056
606-759-0600
www.hamptoninn_hilton.com

Maysville Super 8 Motel
550 Tucker Drive
Maysville, KY 41056
606-759-8888 or 800-800-8000
www.super8.com

MASTERS & OPEN ENTRY FORM
SANCTIONED BY KENTUCKY USA TRACK & FIELD
January 27, February 3, 10, 24, 2024

Name _____ Sex M F 2024 USATF # _____

Email address _____ Birthdate (Month, day, year) _____

Contact Patty Rouse Prouse23@windstream.net to see if your age has previously been verified or for more information on USA Track & Field membership as well as club membership. 2024 USATF memberships can be purchased online at www.usatf.org after January 1, 2024.

Events (circle maximum of four) 55H 55 dash 200 400 800 1600 Shot Put High Jump Long Jump
Triple Jump 4x400 relay 4x800 relay (relay age groups are 10 & under, 12 & under, 14 & under, 16 & under, 18 & under, open) Pole Vault (note extra \$10.00 fee for pole vault-if pole vault is the only event you compete in, entry fee is \$20.00)
(200 meters will be after the 800)

Athlete's Release: In consideration of your acceptance of my entry into the Kentucky USA Track & Field Indoor Championships, I voluntarily agree to participate in the Mason County Indoor Meets and knowingly assume any and all risk of loss, damage, property loss, injury (including death), both foreseen and unforeseen, of my attendance at and participation in the Mason County Indoor Meets from any cause whatsoever. I, for myself, my heirs, personal representatives and assigns do hereby release, waive, discharge and covenant not to sue USA Track & Field, Inc., the Kentucky USATF Association, Mason County High School, Kentucky Track & Cross Country Coaches Association and the Mason County Board of Education in which the Mason County Indoor Meets are held (collectively "Releases") from all liability, loss, claims, demands, possible causes of action, court costs, settlement costs and fees, attorneys fees and any other expenses arising from any claim or lawsuit that may arise from any loss, damage or injury (including death) to me or my property resulting from or arising in connection with, or related to, my attendance at or participation in the Championships. I/we grant permission to the Meet Directors or their designee or the assigned Chaperones of any USA Track & Field competition or program to act as guardian/spokesman with full authorization and power to authorize emergency medical treatment, including hospitalization and anesthesia, if medically necessary, for my/our son or daughter while in route to/from or at the site of the Mason County Indoor Meets, competition or program. I/we understand that should a health emergency arise, I/we will be notified but if/we cannot be reached by phone such medical treatment as is deemed necessary by medical personnel under the circumstances presented is hereby expressly authorized.

Signature - ATHLETE Signature -

PARENT / GUARDIAN

(Must be signed if athlete is under 18 years of age.)

Telephone: (_____) _____

List allergies and current medications: _____

NOTE- Entry fee \$20 per athlete pre-registered, \$25 race day fee. Masters & Open Entry Fee Discount \$70 for all four meets if paid in advance of the first meet. Mail to Mason County Track & Field c/o Mark Kachler
179 Edgemont Dr Maysville, Ky 41056